

## FEMA recommended emergency supply kit

The Federal Emergency Management Agency educates Americans to take some simple steps to prepare for and respond to potential emergencies.

### Please visit their website for more information: [FEMA.org](https://www.fema.org)

- Water: one gallon of water per person per day for at least three days for drinking and sanitation
- Food: at least a 3-day supply of non-perishable food (and don't forget your pets)
- Battery-powered radio
- Flashlights and extra batteries
- First Aid kit
- Whistle to signal for help
- Moist towelettes, trash bags and ties for personal sanitation
- Coolers and empty gas cans (if traveling)
- Can opener for food (if kit contains canned food)
- Local maps
- Prescription medications and glasses
- Infant formula and diapers
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Emergency reference material such as a first aid book or info from [www.ready.gov](https://www.ready.gov)
- Sleeping bag or warm blanket for each person.
- Complete change of clothing (enough for 5 days) including a long sleeved shirt, long pants and sturdy shoes.
- Household chlorine bleach and medicine dropper: When diluted 9-parts water to 1-part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16-drops bleach per 1-gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children

